



Spinal Intramedullary Tuberculoma: Typical, Atypical Presentation on Magnetic Resonance Imaging

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Abstract:

Intramedullary tuberculous granulomas (tuberculomas) are rare in occurrence when compared to pulmonary, extra pulmonary and skeletal tuberculosis in developing countries. Here, we present clinical profile and Magnetic Resonance Imaging (MRI) findings in two intramedullary tuberculoma cases. The Magnetic Resonance Imaging (MRI) findings of intramedullary tuberculoma and its rarity in occurrence are discussed. The emphasis is on atypical presentations of intramedullary tuberculoma and the other intramedullary lesions that can closely resemble to it.

Key words: Tuberculosis, Tuberculoma, Spinal Cord, Magnetic Resonance Imaging, Granuloma.

Introduction

CNS tuberculosis occurs secondary to hematogenous spread from a sub clinical or radiologically occult primary, usually in the lungs. Although spinal tuberculosis is fairly common in developing countries, intramedullary spinal tuberculoma is a rare disease. Abercrombie first reported it in 1828 [1]. The reported incidence of intramedullary tuberculoma quoted being 2 per 100,000 cases of tuberculosis as cited by Ming Lu MD [2].

Case Report:

Case 1

A 31-year-old female was admitted with complaints of intermittent back pain for 1 year, weakness and

numbness in left lower limb for 3 weeks. There was no history of trauma or fever. Physical examination revealed mild muscle atrophy, hyporeflexia of the patellar tendon, and decreased sense of joint position in left lower limb. Limping gait was noted in left lower limb. Clinically there were no signs and symptoms suggestive of tuberculosis. Laboratory results including complete hemogram were within normal limits. Chest X-ray and ultrasound abdomen revealed no abnormality. Magnetic Resonance Imaging (MRI) of thoracic spine [Fig.1] showed well defined focal intramedullary oval lesion of size 2.3 (cranio-caudal)x1.0 (anterio-posterior)x1.0 (transverse) cm, involving the thoracic cord at T9 – T10 vertebral level with focal cord expansion at this level. Lesion was isointense to cord on T1-weighted

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image and hyperintense with central hypointensity on T2-weighted image. On T2-weighted image there was an ill-defined hyperintense signal within the cord extending superiorly upto T2 vertebral level and inferiorly upto conus suggestive of cord oedema. After gadopentetate dimeglumine administration, homogenous moderate enhancement was observed in the lesion on T1-weighted post contrast study. No meningeal enhancement, epidural collections or other focal lesions were seen. The vertebrae exhibited normal marrow signal intensity. With the above imaging characteristics of intramedullary lesion, differential diagnosis of tuberculous granuloma, ependymoma and glioma were suggested. Patient underwent laminectomy with open biopsy. Pathological examination showed multiple epithelioid granulomas with langerhans type giant cells, surrounded by lymphocytes and plasma cells suggesting granulomatous inflammation. Hence patient was started on anti tuberculous therapy. Patient was clinically relieved from back pain with normal power and sensation in left lower limb during the course of antituberculous therapy. Follow up MRI of thoracic spine [Fig.2] done after 4 months showed small residual focal intramedullary lesion at T9-T10 vertebral level, measuring 1.5 (cranio-caudal)x0.7 (anterio-posterior)x0.7 (transverse) cm. Post contrast images showed mild heterogenous enhancement of the lesion [Fig.3]. No other focal lesions or meningeal enhancement were seen.

Case 2

A 31-year-old male was admitted with complaints of intermittent back pain for four months. There was no history of weakness in lower limbs, trauma or fever. Physical examination showed only mild tenderness in lower segment of thoracic spine. All the four limbs showed normal reflexes without any muscle atrophy. Clinically there were no signs and symptoms suggestive of tuberculosis. Laboratory results including complete hemogram were within normal limits. Chest X-ray and ultrasound abdomen

revealed no abnormality. Magnetic Resonance Imaging (MRI) of thoraco-lumbar spine showed a well-defined rounded intramedullary lesion, in distal thoracic cord near conus medullaris at T11-T12 level [Fig.4]. It measured 1.3 (cranio-caudal)x1.3 (anterio-posterior)x1.1 (transverse) cm in size. Lesion was iso-intense to cord on T1-weighted image, hyperintense with central hypointensity on T2-weighted image with perilesional edema in the distal cord extending from T10 to conus. After gadopentetate dimeglumine administration, intense peripheral enhancement with small central non-enhancing area was observed in the lesion on T1-weighted post contrast image. Mild leptomeningeal enhancement was also noted around the distal cord and conus. With the above imaging characteristics of intramedullary lesion and leptomeningeal enhancement, diagnosis of tuberculous granuloma was suggested. Patient was started on anti tuberculous treatment. Patient was clinically relieved from back pain within six weeks. Follow-up MRI study done two months after first study, revealed significant reduction in size of the intramedullary lesion to 0.8 (cranio-caudal)x0.7 (anterio-posterior)x0.6 (transverse) cm, as compared to previous study [Fig.5]. Post contrast images showed mild heterogenous enhancement of the lesion with resolution of perilesional edema and no abnormal meningeal enhancement [Fig.6].

Discussion

Intramedullary tuberculoma usually occurs at young age, with most common location in thoracic spinal cord [3]. Intramedullary tuberculoma has been described in young immunocompromised as well as immunocompetent individuals [4,5]. Intramedullary tuberculoma patients often have a history of contact to patients with tuberculosis or an extracranial focus of tuberculosis [1]. Intramedullary tuberculoma can also occur solely, in absence of extra cranial focus or pulmonary involvement. In the series of intramedullary tuberculomas reported by Mac



Fig.1– Case 1: A) Plain T1W with focal cord expansion (arrow) at T9-T10 vertebral level, B) T2W showing heterogeneous intra-medullary lesion (arrow) at T9-T10 vertebral level, note: oedema (horizontal arrow). D) T2W showing heterogenous intensity of lesion (arrow). C) E), F) T1W post contrast sequence showing homogeneous enhancement of lesion (arrow).



Fig.2- Case1: A) Plain T1W showing normal spinal cord calibre, laminectomy with absence of posterior elements at T9,T10,T11 vertebrae replaced by scar tissue (arrow). B) T2W showing heterogeneous intense residual intra-medullary lesion (arrow) at D9-D10 vertebral level. C), D). Post contrast T1W showing mild enhancement of the residual lesion (arrow). E) STIR T2W showing heterogenous intensity of lesion (arrow). F) T1W post contrast sequence showing mild enhancement of lesion (arrow).

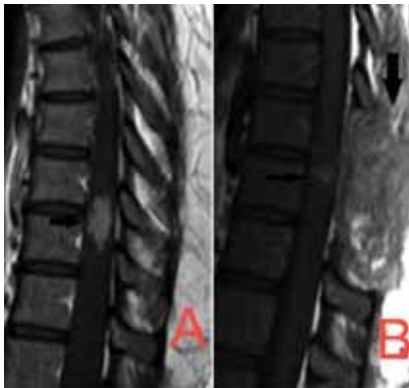


Fig.3: Pre operative and post operative contrast images of case 1 acquired in an interval of 4 months. Note: evidence of laminectomy.



Fig.4- Case 2: A) Plain T1W–fat-sat with focal cord expansion (arrow) at T11-T12 vertebral level, B) T2W sagittal image showing heterogeneous intra-medullary lesion (arrow) at T11-T12 vertebral level, note: hypersignal intensity within cord suggesting oedema. C) post contrast T1W-fat-sat showing intense peripheral enhancement with small central non enhancing area (arrow). D) STIR T2W showing heterogenous intensity of lesion (arrow). E) T1W-fat-sat post contrast sequence showing heterogeneous enhancement of lesion (arrow). F) T1W- fat-sat post contrast sequence showing heterogeneous enhancement of lesion (arrow).



Fig.5- Case-2: A) Plain T1W showing normal spinal cord calibre. B) T2W showing heterogeneous residual lesion at D11-D12. C) Post contrast T1W-fat-sat showing mild enhancement of the residual lesion (arrow). D) STIR T2W showing heterogeneous intensity of lesion (arrow). E) T1W-fat-sat post contrast sequence showing mild enhancement of lesion (arrow).

Donnel *et al.*, [6] 38% of the patients had no evidence of tuberculous disease elsewhere. Most frequently patient presents clinically with signs of subacute spinal cord compression. Depending on location and extent of cord involvement, patient may present with focal pain, paraplegia, brown-sequard syndrome etc.

Typical Magnetic Resonance Imaging (MRI) characteristics of intramedullary tuberculoma are hypo or isointense to cord in T1-weighted sequence with only an indirect sign of focal cord expansion and heterogeneous intensity on T2-weighted image with central hypointensity and peripheral hyperintensity, which is described as target sign. Peripheral enhancement is characteristic feature of tuberculoma on post contrast images [7,8]. The central hypointensity on T2-weighted image is suggestive of caseating necrosis. Occasionally the lesion may show central hyperintensity with peripheral hypointense ring, depending on protein content within the caseating necrosis or liquefaction. Perilesional edema is usually associated showing hypersignal intensity on T2-weighted image.



Fig.6: Before and after treatment with anti tuberculous drugs contrast images of case 2, showing significant reduction of size of lesion.

Associated meningeal enhancement, tracking epidural collections, extradural involvement and skip lesions may coexist. Intra medullary tuberculoma can occur in combination with tuberculous spondylodiscitis and tuberculous arachnoiditis. Pulmonary and other extra pulmonary sites are to be evaluated for primary source of infection. In both our cases, chest X-ray and abdominal ultrasound were normal. Both the patients are immunocompetent. The second case had typical MRI characteristics of ring enhancement, T2 target sign and associated meningeal enhancement favoring intramedullary tuberculoma. In the first case the lesion was not showing signal characteristics of tuberculoma, with atypical features leading us to consider granulomatous lesion, ependymoma and glioma as possible differential diagnosis. Though a typical MRI imaging features like homogenous post contrast enhancement, common in immunocompromised patients [9], they may also occur in immunocompetent patient as in our case and also reported in other case reports [10,11]. Imaging characteristics of intramedullary tuberculoma, T2 Target sign, ring enhancement or homogenous enhancement may vary depending on immune response more than immune status. Syring formation

secondary to inflammation in intramedullary tuberculoma is rare in occurrence where the literature is scanty. Hemorrhagic association of intramedullary tuberculomas not been reported so far. MRI is the best diagnostic tool to determine the location, number, and size of the lesions and to assess response to antituberculous chemotherapy in follow up imaging. In cases manifesting with typical MR imaging features, ATT and follow up imaging can avoid other intervention procedures. In absence of typical imaging characteristics, biopsy and histopathological correlation is essential. Optimum neurologic outcome is possible with

microsurgical technique in patients with significant cord compression symptoms or neurological deficit. In addition to surgical treatment, chemotherapy with antituberculous drugs should be instituted as soon as the diagnosis is made to achieve the best neurologic outcome.

When intramedullary tuberculomas are found solely, and in particular with absence of pulmonary or extra cranial source of infection, and typical magnetic resonance imaging features, mimic closely to other intramedullary lesions. Ependymoma, Glioma or Intramedullary abscess caused by fungal organisms

Table 1: Differential diagnoses of intramedullary tuberculoma and their MRI signal characteristics

Mimics	Typical location	T1 Weighted Image	T2 Weighted Image	Contrast Enhancement	Other features
Tuberculoma	Thoracic	Hypo or isointense	Hyperintense or Heterogenous	Peripheral enhancement	Associated meningeal enhancement, tracking epidural collections, extradural involvement, skip lesions, may coexist
Glioma	Upper thoracic> Lower thoracic & Lumbar. Involves ≤ 4 segments	Hypointense	Hyperintense or Heterogenous	Homogenous, variable	Usually tends to arise eccentrically within the cord, especially posteriorly.
Ependymoma	Lower spinal cord, conus medullaris, and filum terminale. Involves ≤4 segments	Hypointense Heterogenous	Hyperintense or variable	Homogenous,	Usually tends to arise centrally within the cord. Associated with hemorrhage. Hyperintensity reflecting hypercellularity on T2W are more common.
Fungal infections	Thoracic	Hypointens	Hyperintense or Heterogenous	Heterogenous	Rare, associated with systemic involvement. Usually opportunistic in immunocompromised. Biopsy needed for diagnosis.
Toxoplasmosis	Thoracic	Hypointense	Hyperintense	Homogenous	Determination of serum & CSF titers of Toxoplasma antibodies may help in making the diagnosis
Lymphoma	C > T > L	Isointense	Hyperintense	Homogenous	Extremely rare. Non Hodgkin variety.

Abbreviations: C: Cervical; T: Thoracic; L: Lumbar

(eg: blastomycosis, histoplasmosis, candidiasis) may mimic intramedullary tuberculoma. Toxoplasmosis and lymphoma are common differential diagnosis of intramedullary tuberculoma in immunocompromised patients [Table 1].

Conclusion

Imaging characteristics of tuberculosis vary with immune response of individual, so typical MRI signal characteristics may not be seen in all individuals. Intramedullary tuberculoma is to be considered while imaging intramedullary lesion even in absence of pulmonary and other extra cranial manifestations.

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